

**U.S. Census Bureau: Estimates of Resident Population Change for the United States, Regions, States, and Puerto Rico  
and Region and State Rankings: July 1, 2008 to July 1, 2009**

Geographic Area	Population Estimates		Change, 2008 to 2009		National Ranking of Regions and States			
					Population Estimates		Change, 2008 to 2009	
	July 1, 2009	July 1, 2008	Number	Percent	July 1, 2009	July 1, 2008	Number	Percent
<b>United States</b>	307,006,550	304,374,846	2,631,704	0.9	(X)	(X)	(X)	(X)
<b>Northeast</b>	55,283,679	55,060,196	223,483	0.4	4	4	4	3
<b>Midwest</b>	66,836,911	66,595,597	241,314	0.4	3	3	3	4
<b>South</b>	113,317,879	112,021,022	1,296,857	1.2	1	1	1	2
<b>West</b>	71,568,081	70,698,031	870,050	1.2	2	2	2	1
Alabama	4,708,708	4,677,464	31,244	0.7	23	23	25	31
Alaska	698,473	688,125	10,348	1.5	47	47	39	6
Arizona	6,595,778	6,499,377	96,401	1.5	14	15	7	8
Arkansas	2,889,450	2,867,764	21,686	0.8	32	32	30	27
California	36,961,664	36,580,371	381,293	1.0	1	1	2	18
Colorado	5,024,748	4,935,213	89,535	1.8	22	22	8	4
Connecticut	3,518,288	3,502,932	15,356	0.4	29	29	33	41
Delaware	885,122	876,211	8,911	1.0	45	45	41	19
District of Columbia	599,657	590,074	9,583	1.6	50	50	40	5
Florida	18,537,969	18,423,878	114,091	0.6	4	4	5	32
Georgia	9,829,211	9,697,838	131,373	1.4	9	9	4	10
Hawaii	1,295,178	1,287,481	7,697	0.6	42	42	43	34
Idaho	1,545,801	1,527,506	18,295	1.2	39	39	32	12
Illinois	12,910,409	12,842,954	67,455	0.5	5	5	11	36
Indiana	6,423,113	6,388,309	34,804	0.5	16	16	23	35
Iowa	3,007,856	2,993,987	13,869	0.5	30	30	36	40
Kansas	2,818,747	2,797,375	21,372	0.8	33	33	31	25
Kentucky	4,314,113	4,287,931	26,182	0.6	26	26	28	33
Louisiana	4,492,076	4,451,513	40,563	0.9	25	25	20	21
Maine	1,318,301	1,319,691	-1,390	-0.1	41	41	50	50
Maryland	5,699,478	5,658,655	40,823	0.7	19	19	19	28
Massachusetts	6,593,587	6,543,595	49,992	0.8	15	14	15	26
Michigan	9,969,727	10,002,486	-32,759	-0.3	8	8	51	51
Minnesota	5,266,214	5,230,567	35,647	0.7	21	21	22	30
Mississippi	2,951,996	2,940,212	11,784	0.4	31	31	37	42
Missouri	5,987,580	5,956,335	31,245	0.5	18	18	24	37
Montana	974,989	968,035	6,954	0.7	44	44	44	29
Nebraska	1,796,619	1,781,949	14,670	0.8	38	38	34	24
Nevada	2,643,085	2,615,772	27,313	1.0	35	35	26	17

**Table 3. Estimates of Resident Population Change for the United States, Regions, States, and Puerto Rico and Region and State Rankings: July 1, 2008 to July 1, 2009**

Geographic Area	Population Estimates		Change, 2008 to 2009		National Ranking of Regions and States			
					Population Estimates		Change, 2008 to 2009	
	July 1, 2009	July 1, 2008	Number	Percent	July 1, 2009	July 1, 2008	Number	Percent
New Hampshire	1,324,575	1,321,872	2,703	0.2	40	40	47	46
New Jersey	8,707,739	8,663,398	44,341	0.5	11	11	16	38
New Mexico	2,009,671	1,986,763	22,908	1.2	36	36	29	14
New York	19,541,453	19,467,789	73,664	0.4	3	3	10	43
North Carolina	9,380,884	9,247,134	133,750	1.4	10	10	3	9
North Dakota	646,844	641,421	5,423	0.8	48	48	45	23
Ohio	11,542,645	11,528,072	14,573	0.1	7	7	35	47
Oklahoma	3,687,050	3,644,025	43,025	1.2	28	28	17	13
Oregon	3,825,657	3,782,991	42,666	1.1	27	27	18	15
Pennsylvania	12,604,767	12,566,368	38,399	0.3	6	6	21	44
Rhode Island	1,053,209	1,053,502	-293	-	43	43	49	49
South Carolina	4,561,242	4,503,280	57,962	1.3	24	24	12	11
South Dakota	812,383	804,532	7,851	1.0	46	46	42	20
Tennessee	6,296,254	6,240,456	55,798	0.9	17	17	14	22
Texas	24,782,302	24,304,290	478,012	2.0	2	2	1	3
Utah	2,784,572	2,727,343	57,229	2.1	34	34	13	2
Vermont	621,760	621,049	711	0.1	49	49	48	48
Virginia	7,882,590	7,795,424	87,166	1.1	12	12	9	16
Washington	6,664,195	6,566,073	98,122	1.5	13	13	6	7
West Virginia	1,819,777	1,814,873	4,904	0.3	37	37	46	45
Wisconsin	5,654,774	5,627,610	27,164	0.5	20	20	27	39
Wyoming	544,270	532,981	11,289	2.1	51	51	38	1
<b>Puerto Rico</b>	3,967,288	3,954,553	12,735	0.3	(X)	(X)	(X)	(X)

Note: Dash (-) represents zero or rounds to zero. (X) Not applicable. See Geographic Terms and Definitions at <http://www.census.gov/popest/geographic/> for a list of the states that are included in each region.

**Suggested Citation:**

**Table 3. Estimates of Resident Population Change for the United States, Regions, States, and Puerto Rico and Region and State Rankings: July 1, 2008 to July 1, 2009 (NST-EST2009-03)**

**Source: U.S. Census Bureau, Population Division**

**Release Date: December 2009**